

September 2009 – FRANKLIN COUNTY MIDDLE SCHOOL – Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Available Each Day Pre-Made Salad Sack Lunch Choice of Milk	1 Chicken Bowl (chicken, corn, potatoes, gravy & cheese) Biscuit Baby Carrots with Dip Cantaloupe	2 Cheeseburger Lettuce & Tomato Potato Rounds Baked Beans Strawberry Shortcake	3 Steak Nuggets Yeast Roll Creamed Potatoes Green Beans Sherbet	4 Spicy Chicken Sandwich French Fries Lettuce & Tomato Veggies with Dip Pear Slices
7 Labor Day Holiday	8 Spaghetti with Meat Sauce Tossed Salad Whole Kernel Corn Texas Toast Juice Bar	9 Chili with Beans Saltines Baked Potatoes Applesauce Brownie	10 Country Fried Steak Biscuit Gravy Sweet Potato Soufflé Green Beans Mixed Fruit	11 Pizza Tossed Salad Steamed Broccoli Orange Slices
14 Cheeseburger Lettuce & Tomato Baked Beans Potato Rounds Strawberries & Bananas	15 BBQ Sandwich Cole Slaw Chips Corn on the cob Baked Apples	16 Grilled Chicken Sandwich Lettuce & Tomato Pinto Beans Peach Slices Sugar Cookie	17 Chicken Wrap Lettuce & Tomato Cheesy Potatoes Green Beans Fresh Plum	18 Spicy Chicken Sandwich Potato Wedges Baked Beans Lettuce & Tomato Applesauce
21 Sub Sandwich (Turkey, Ham & Cheese) Lettuce & Tomato Whole Kernel Corn French Fries Sliced Peaches	22 Pork Chop Sandwich Lettuce & Tomato Sliced Potatoes Green Peas Applesauce	23 Hotdog with Chili Cole Slaw Potato Rounds Baked Beans Banana	24 Chicken Nuggets Tiny Whole Potatoes Green Beans Carrots with Dip Peach Cobbler	25 Spicy Chicken Sandwich Potato Rounds Veggies/Dip Lettuce & Tomato Mixed Fruit
28 Pizza Whole Kernel Corn Steamed Broccoli Sliced Peaches	29 Chicken Pot Pie Biscuit Broccoli with Cheese Cranberry Sauce Coconut Cake	30 Sausage Pancake Syrup Cheesy Grits Hashbrowns Applesauce	Menus are planned by the cafeteria manager and are subject to change.	

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