

## October 2009 – FRANKLIN COUNTY MIDDLE SCHOOL – Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Available Each Day Pre-Made Salad Sack Lunch Choice of Milk	Menus are planned by the cafeteria manager and are subject to change.		1 Chicken Nuggets Biscuit Green Beans Creamed Corn Rice Sherbet	2 Spicy Chicken Whole Kernel Corn Potato Salad Black-eyed Peas Pudding Pops
5 Country Style Steak Gravy Yeast Roll Green Beans Creamed Potatoes Fresh Fruit	6 Vegetable Beef Soup Corn Bread or Saltines Cheese Sandwich Broccoli with Cheese Brownie	7 Chicken Bowl (chicken nuggets, potatoes, cheese, corn, gravy) Biscuit Fresh Cantaloupe	8  Fall Break	9  Fall Break
12  Fall Break	13 Hot Dog with Chili Cole Slaw Tater Rounds Orange Slices Sugar Cookies	14 Bar B Que Sandwich Baked Beans Cole Slaw Baked Fries Pear Slices	15 Sub Sandwich Lettuce & Tomato Green Beans Tiny Whole Potatoes Autumn Spice Cake	16 Spicy Chicken Sandwich Assorted Chips Tossed Salad Lettuce & Tomato Fresh Apple
19 Spaghetti Texas Toast Lima Beans Whole Kernel Corn Tossed Salad Apple Sticks	20 Country Style Steak Green Beans Creamed Potatoes Gravy Corn on the Cob Juice Bar	21 Pancakes with Syrup Sausage Hashbrowns Cheese Grits Orange Slices	22 Cheeseburger Fries Lettuce & Tomato Applesauce Peanut Butter Cookie	23 Pizza Whole Kernel Corn Tossed Salad Steamed Broccoli Mixed Fruit
26 Steak Nuggets Biscuit Stewed Tomatoes Steamed Cabbage Black-eyed Peas Baked Apple	27 Bar B Que Sandwich Cole Slaw Chips Corn on the Cob Pear Slices	28 Chicken Nuggets Biscuit Green Beans Creamed Potatoes Whole Kernel Corn Banana	29 Nacho Supreme Lettuce & Tomato Pinto Beans Rice Chocolate Cake	30 Spicy Chicken Assorted Chips Tossed Salad Lettuce & Tomato Orange Wedges

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