

January 2010 – FRANKLIN COUNTY MIDDLE SCHOOL – Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5 Hotdog with Chili Baked Beans Potato Wedges Cole Slaw Vanilla Pudding	6 Teriyaki Chicken Yeast Roll Grilled Peppers & Onions Rice Whole Kernel Corn Fruit	7 Nacho Supreme (beef, cheese, chips) Lettuce Pinto Beans Salsa Corn on the Cob Sherbet	8 Spicy Chicken Sandwich Lettuce & Pickles Green Beans Whole Potatoes Jell-o with Fruit
11 Cheese Burger Lettuce, Onion & Pickles Tater Tots Baked Beans Orange Wedges	12 Bar B Que Sandwich Cole Slaw Corn on the Cob French Fries Applesauce	13 Sausage Pancakes/Syrup Hashbrowns Cheesy Grits Frozen Peaches	14 Chili with Saltines Baked Potatoes Broccoli with Cheese Vegetable Sticks Chocolate Cake	15 Pizza Tossed Salad Whole Kernel Corn Baked Apples
18 MLK Holiday	19 Country Style Steak Gravy Biscuit Green Peas Carrots Cookie	20 Chicken Sandwich Rice Oven Fried Okra Sweet Potato Soufflé Pudding Pop	21 Spaghetti with Meat Sauce Texas Toast Garden Salad Corn on the Cob Fruit	22 Spicy Chicken Sandwich Lettuce & Pickles Green Beans Cheesy Potatoes Juice Bar
25 Sub Sandwich French Fries Lettuce, Pickles, Onion & Bell Peppers Whole Kernel Corn Cookie	26 Pork Chop Sandwich Rice & Gravy Pinto Beans Steamed Cabbage Apple	27 Vegetable Beef Soup Grilled Cheese Sandwich French Fries Fruit Chocolate Chip Cookie	28 Chicken Nugget Biscuit Creamed Potatoes Green Beans Diced Carrots Apple Cobbler	29 Pizza Tossed Salad Whole Kernel Corn Steamed Broccoli Sliced Pears
			Available Each Day Pre-Made Salad Sack Lunch Choice of Milk	Menus are planned by the cafeteria manager and are subject to change.

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